

What are the advantages and disadvantages of being famous?

Before you start, answer the following questions:

Do you think famous people have a good life? Yes No
Would you like to be famous? Yes No
If yes, what would you like to be famous for?
Which aspects of being famous do you think are interesting?
Tick ✓ your answers:



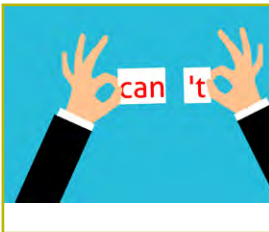
being popular



helping other people



living in a big house



inspiring other people



making money



doing charity work

Pista: Recordá que al final de la ficha encontrarás la **clave de respuestas** de las actividades para revisar tu trabajo.



Pista: El proceso de lectura del siguiente artículo está dividido en una serie de actividades para que puedas interactuar con el texto de distintas maneras con el fin de facilitar su comprensión. Asimismo, también podrás desarrollar distintas **estrategias de comprensión lectora**, por ejemplo, identificación de información general o específica, análisis del paratexto, etc. A los elementos que acompañan a un texto (título, imágenes, subtítulos, etc.) se los denomina **paratexto**.

- The following article is about a famous pop artist. Look at the **paratext** and answer these questions:
 - What is the title of the article? Do you know this artist?
 - Look at the picture: Is this artist a singer or an actress?
 - What is the date of publication of the article?

What is Ariana Grande's daily routine?

19th March 2021



Pop superstar Ariana Grande has got an intense daily routine that changes depending on her busy schedule*.

She usually starts her days in a relaxed way. First, she gets out of bed with her dog and takes a bath early in the morning, usually before 9.00. After that, she meditates. This morning routine is a

very important moment because it helps her to get ready for her day in a calm manner. Then she selects an outfit to wear, puts on some make-up and works on her computer.

Fitness and health are extremely important to Ariana so she trains a lot every day, except on Sunday. Her workout routine is flexible because Ariana travels a lot. Her secret

is to do exercises that can be done from home or hotel rooms when she is on tour. Every morning and afternoon, she works with her personal trainer. After that, she practices her choreographies and her songs.

Ariana Grande loves animals so she follows a strict vegan diet. She doesn't have breakfast in the morning. At 12.30, she usually has a light vegan sandwich or salad for lunch; but for dinner she gets together with family or friends and she eats lots of vegetables.

In the evening, before she goes to bed, she usually thinks about future songs. If she is inspired, she writes new lyrics.

*schedule: horario/cronograma

Adapted version from "What Is Ariana Grande's Daily Routine?"
<https://bit.ly/3alBg31>

2. Scan* the text and choose the correct option (a or b) to complete the following sentence:

This article focuses on _____ a. one specific day of her daily routine. b. her daily routine in general.

*scan: to read something very quickly, in order to get a general idea of its meaning or to find particular information. (Source: Macmillan Dictionary).



Pista: Para la siguiente actividad de **comprensión lectora**, te sugerimos leer las preguntas con atención y luego **subrayar** o **resaltar** la información específica en el texto para responder las preguntas.

3. Now read the text again and answer the questions below:

- Is Ariana Grande's daily routine always the same?
- When does she take a bath?
- Why is her morning routine important?
- Does she do exercise on Sunday?

- Does she eat in the morning?
- What time does she have lunch?
- What does she do before she goes to bed?
- What does she have for dinner?



Pista: En inglés, para hablar acerca de rutinas diarias o acciones habituales usamos el **presente simple** (present simple). Te dejamos las siguientes explicaciones y ejemplos a modo de revisión. * **Oraciones afirmativas:** Mirá algunos ejemplos para los sujetos **I - You - We - They**: 1) **I play tennis in the morning.** 2) **My brothers go to school by bus.** 3) **We study English at school.** * **Oraciones afirmativas:** Para los sujetos **He - She - It** agregamos **-es** al final del verbo cuando el verbo termina en **ch-sh-ss-x-o**; **-ies** cuando el verbo termina en una consonante + "y" / **study > studies**; o **-s** cuando no se aplica ninguno de los dos casos anteriores. Leé este ejemplo del texto sobre Ariana Grande: 4) **In the evening, before she goes to bed, she usually thinks about future songs.** Mirá este otro ejemplo: 5) **My sister studies music in her free time.** Excepción: El verbo **have** cambia a **has**: 6) **Ariana has dinner with her family or friends.** * **Oraciones negativas:** Para los sujetos **I - You - We - They** usamos el **auxiliar don't + el verbo en infinitivo**. Ejemplos: 7) **I don't play football.** 8) **My brothers don't go to school by car.** 9) **We don't study Portuguese** * **Oraciones negativas:** para los sujetos **He - She - It** usamos el **auxiliar doesn't + el verbo en infinitivo**: 10) **Ariana Grande doesn't have breakfast.** 11) **Ariana doesn't eat meat because she is vegan.**

4. Choose your favourite person in the world and describe his/her daily routine. It can be someone famous or someone close to you. Use *First, Then, After that, Finally*, etc. to organize your ideas. Also, remember to divide your description into paragraphs. Write the description in your folder or notebook.

Pista: Te dejamos las siguientes explicaciones y ejemplos a modo de revisión. En inglés formulamos preguntas en **presente simple** (present simple) de la siguiente manera: para los sujetos **I - You - We - They** usamos **Do + sujeto + el verbo en infinitivo**. Ejemplo: **Do you get up** early? Yes, I do / No, I don't. Mirá este otro ejemplo: **When do you study** English? En este caso, la pregunta se forma de la siguiente manera: **palabra interrogativa + do + sujeto + el verbo en infinitivo**. Para los sujetos **He - She - It** usamos **Does + sujeto + el verbo en infinitivo**. Ejemplo: **Does she eat** vegetables for lunch? Yes, she does / No, she doesn't. Mirá otro ejemplo: **When does she meditate**? En este caso, la **pregunta** se forma así: **palabra interrogativa + does + sujeto + el verbo en infinitivo**.

5. A fan of Ariana Grande is going to one of her concerts. She has got tickets for a *Meet and Greet* to meet Ariana Grande before the event. This fan wants to ask Ariana Grande some questions about her daily routine and life. Can you help her put the words in the questions in the correct order?
- you / what time/ go / bed / do / to ?
 - TV series / you / do / watch ?
 - social sites / use / how often / do / you ?
 - in the shower / sing / do / you ?
 - your songs /every day / do / practise / you ?
 - give / how often / do / concerts / you ?
 - a healthy lifestyle / have / do / you ?
 - what / usually / at the weekend / do / you / do ?
6. Now think of a famous artist you like or admire. What questions would you ask him/her about his/her daily routine? Write them in your folder or notebook.

Before you finish

Think about the pros and cons of a famous person's daily life. Compare your ideas with a classmate to see if you agree or not.



Further practice

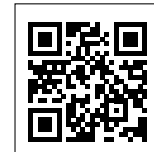
Watch the video and reflect on these statements by Ethan Hawke, an American actor: "The second you become famous you're kind of in a weird isolation", "Nobody wants me to be real. They just want a photo. It's kind of heart-breaking, you know".

What No One Told Ethan Hawke About Being Famous

The Off Camera Show.

<https://bit.ly/3zilnnB>

Escaneá este código para acceder al contenido.



Keys for correction: **1)** a. What is Ariana Grande's daily routine? / Yes, I do or No, I don't; b. She's a singer; c. 19th March 2021; **2)** b. **3)** a. No, it isn't; b. She takes a bath early in the morning before 9.00; c. Because it helps her to get ready for her day in a calm manner; d. No, she doesn't; e. No, she doesn't; f. She has lunch at 12.30; g. She thinks about future songs and writes new lyrics; g. She has vegetables for dinner; **5)** a. What time do you go to bed? b. Do you watch TV series? c. How often do you use social sites? d. Do you sing in the shower? e. Do you practise your songs every day? f. How often do you give concerts? g. Do you have a healthy lifestyle? h. What do you usually do at the weekend?