

Lengua adicional inglés

Ejes: • Instancias de reflexión. • Ámbitos de uso de la lengua adicional.
Capacidades: • Aprendizaje autónomo. • Comunicación
• Análisis y comprensión de la información.
Objetivos: Comprender y producir textos escritos. Com-

prender textos orales. Realizar funciones comunicativas.
Contenidos curriculares: Lectura, escucha y escritura de textos descriptivos. Describir actividades.

What do you do on a daily basis?

Before you start, think about your routine and tick ✓ your answers

- Do you have a shower in the morning? Yes No
Do you walk to school? Yes No
Do you do extracurricular activities? Yes No
Do you have dinner with your family? Yes No



Pista: Recordá que al final de la ficha encontrarás la **clave de respuestas** de las actividades para revisar tu trabajo.

- You are going to watch a video about an 18-year-old ballerina describing her typical day before a big show. Before watching the video, match pictures (a-h) with these phrases: **listen to music - get up early - do your homework - have breakfast - brush your teeth - have lunch at school - go to bed - watch TV - take the bus back home.** There is an extra phrase.



a. **get up early**



b. _____



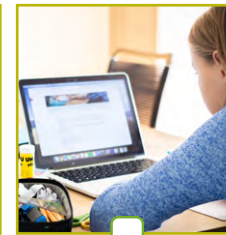
c. _____



d. _____



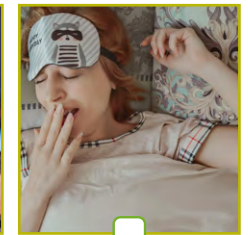
e. _____



f. _____



g. _____



h. _____

- Go back to **Activity 1**, think about *your* typical day and tick ✓ the activities that *you* do.

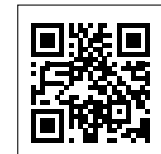


Pista: Para realizar una actividad de **comprensión oral** es importante que primero mires el video y escuches el audio completo para tener una **idea general** y familiarizarte con el tema. En la próxima actividad, además de la idea central, también podrás obtener cierta información sobre *quién habla*. Tené en cuenta que para resolver la actividad 3 no es necesario escuchar el audio en detalle.

- Kayla Mak is a ballerina. Watch the following video about Kayla talking about her typical day before a big show. Choose the correct option (**a**, **b** or **c**) to complete the sentence on the next page. (Listen from **1.17** to **2.38**).

18-Year-Old Ballerina's Daily Routine 1 Week Before a Show at Juilliard
Teen Vogue.
<https://bit.ly/3PK7mG8>

Escaneá este código para acceder al contenido.



On a typical day before a big show, Kayla _____

- a. is really busy studying and dancing.
- b. is busy but has some time to relax.
- c. has a lot of free time.



Pista: Para realizar la siguiente actividad de **comprensión oral**, te sugerimos que sigas los siguientes pasos: 1) Leé **en detalle** las oraciones; 2) Mirá el video y **focalizá tu atención en identificar la información específica** que necesitás para resolver la actividad. Recordá que no es necesario que conozcas el significado de todas las palabras del video; 3) Mirá el video nuevamente si lo considerás necesario.

4. Now listen again to Kayla Mak talking about her daily routine and choose the correct option (**a**, **b** or **c**) for each sentence. (Listen from **1.17** to **2.38**).

1. Kayla wakes up at _____
a. seven fifteen b. seven thirty c. eight thirty
2. For breakfast Kayla has _____
a. tea, pineapple and cookies b. tea, pineapple and sandwiches c. coffee, peach and sandwiches
3. In her second class, Kayla _____
a. dances b. composes music c. writes poems
4. Kayla _____
a. hates sushi b. likes sushi c. loves sushi
5. Right after dinner, Kayla _____
a. does her homework b. dances c. does her night routine

5. You're going to read a text about another teen's routine, Pilar Winter Hill, a 14-year-old violinist. Before reading, make some predictions about her routine. Tick ✓ your answers.

compose songs use social media hang out with friends
have dinner with her family go to parties wake up early
play computer games play the guitar do yoga

6. Now read the text about Pilar Winter Hill's typical day to check your predictions.

Pilar wakes up at 7 am. Before she studies violin, she likes doing yoga. Yoga helps her calm her mind. After yoga, she starts her morning practice session, which lasts four hours. At 12 pm., she usually eats lunch or runs some errands. For lunch, she sometimes eats at home or goes out. From 1 to 5 pm., she has her second shift of practice. Then, she spends some time with her family. They have dinner together at 5.30 in the afternoon. Later in the evening, she goes on social media to keep up to date with her followers and supporters, but she doesn't stay online for too long. At 7 pm. she starts her final practice shift, which lasts four hours. Finally, Pilar goes to bed at 11 pm.

Adapted version from "Teen Violinist's Daily Routine. 1 Week Before a Show"
<https://bit.ly/3PLQvm6>

7. Read the text again and decide if the following sentences are true or false. Correct the false ones:
- a. Pilar starts her day doing yoga.
 - b. She has two violin practice sessions per day.
 - c. She has an early dinner.
 - d. Before bed she checks her social networking sites.



Pista: En inglés, para hablar acerca de rutinas diarias o acciones habituales usamos el **presente simple** (present simple); * **Oraciones afirmativas:** Mirá algunos ejemplos para los sujetos **I - You - We - They:** 1) **I eat** pancakes for breakfast. 2) **Kayla Mak and Pilar Winter Hill go** to Juilliard School. 3) **We study** English at school; * **Oraciones afirmativas:** Para los sujetos **He - She - It** agregamos **-es** al final del verbo cuando el verbo termina en **ch-sh-ss-x-o**. 4) **Pilar goes** to Juilliard school; **-ies** cuando el verbo termina en una consonante + "y" / **study > studies**) 5) **Pilar studies** violin every day; o

agregamos **-s** cuando no se aplica ninguno de los dos casos anteriores. 6) Pilar **likes** yoga. Excepción: el verbo **have** cambia a **has**. 7) Pilar **has** dinner with her family; * **Oraciones negativas:** Para los sujetos **I - You - We - They** usamos el **auxiliar don't + el verbo en infinitivo**. Ejemplos: 8) Pilar and her family **don't have** dinner late at night; * **Oraciones negativas:** Para los sujetos **He - She - It** usamos el **auxiliar doesn't + el verbo en infinitivo**. Ejemplos: 9) Pilar Winter Hill **doesn't play** the piano. 10) She **doesn't have** breakfast. 11) She **doesn't stay** online for too long.

8. Caroline Marks is an American pro surfer. Read the following text about her daily routine and complete the gaps with the correct form of the verbs in brackets.

Caroline Marks is an 18-year-old pro surfer. She usually **gets up (get up) (a)** at around 5.30 or 6 am. She **(not like) (b)** getting up so early, but it's part of her training. First, she **(feed) (c)** her dogs and then she **(make) (d)** breakfast. She **(have) (e)** avocado on puffed rice cakes. She **(not have) (f)** cookies or croissants. After breakfast, she **(put on) (g)** some comfortable clothes and **(go) (h)** to the beach. She **(take) (i)** two towels, sunscreen, some snacks and her surfboard. Before going into the ocean, she **(stretch) (j)** to warm up. She **(not start) (k)** her training without warming up first. After a couple of hours, she **(drive) (l)** back home. Then she **(have) (m)** lunch at a restaurant called *Active Culture*. After lunch, she **(train) (n)** for a little while. In the afternoon, she **(surf) (o)** again for some couple of hours. Finally, at night, she **(eat) (p)** a home-cooked meal and **(chat) (q)** with her mum about her day. Before bed, she **(watch) (r)**

a movie and then **(go) (s)** to sleep. She **(not use) (t)** her mobile phone before she **(go) (u)** to sleep.

Adapted version from "Pro Surfer Caroline Marks' Daily Routine and Surf Style" | <https://bit.ly/3az8HPS>

Before you finish

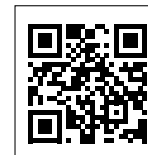
Write a short paragraph describing *your* daily routine. You can use the vocabulary from the previous activities in your description. Also use *First, Then, After that, Finally*, etc. to organize your ideas. Then, choose a member of your family and write a paragraph about his/her daily routine.



Further practice

I Say A Little Prayer. Are you ready to sing this song by Aretha Franklin? First, practise the song on your own or with a classmate and then get together with the rest of the class to sing the song all together. You'll find the lyrics in the video. Have fun!

I Say A Little Prayer
Aretha Franklin Official Channel.
<https://bit.ly/3wLKmil>



Escaneá este código para acceder al contenido.

Keys for correction: 1) a. get up early; b. have breakfast; c. brush your teeth; d. listen to music; e. take the bus back home; f. do your homework; g. watch TV; h. go to bed. **3)** a. **4)** 1.b.; 2.b.; 3.a.; 4.c.; 5.c.; **6)** have dinner with her family; use social media; wake up early; do yoga; **7)** a.T.; b.F. (She has three violin practice sessions per day.); c.T.; d.F. (She starts her final practice shift.); **8)** a. gets up; b. doesn't like; c. feeds; d. makes; e. has; f. doesn't have; g. puts on; h. goes; i. takes; j. stretches; k. doesn't start; l. drives; m. has; n. trains; o. surfs; p. eats; q. chats; r. watches; s. goes; t. doesn't use; u. goes.